



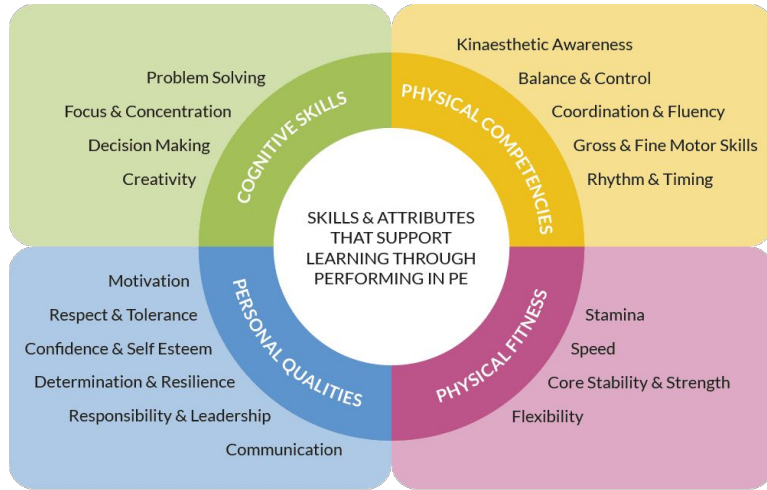
PE @ Dalkeith High School

Pathways in Dalkeith High School and beyond

Dalkeith High School Pathways
PE Pathway

BGE			
PE & Level 3 Wellbeing Unit (Improving Wellbeing)			S1 Core
PE & Level 3 Wellbeing Unit (Exploring Wellbeing)			S2 Core
S3 Dance	S3 Performance PE L3 (National 3 PE)	S3 Soccer Skills (Exercise & Fitness: Circuit Training Level 4)	S3 Core
Senior Phase			
	National 4 PE	Sport and Recreation (Level 4)	S4 Core
National 5 Dance	National 5 PE	Sport and Recreation (Level 5)	S5 Core
Higher Dance	Higher PE	NPA Exercise and Fitness Leadership (level 6) from Session 24-25	S6 Core

Skills pupils develop in PE?



Why take Physical Education?

Physical Education acts as a stimulus for personal achievement, and this makes it an ideal platform for developing confidence, resilience, responsibility and working cooperatively with others. The courses also promotes mental, emotional, social and physical wellbeing. These range of skills developed places learners in a stronger position going for any form of further education, higher education or employment opportunity. As you can see from our pathways document, we also deliver Dance, Football, Sport and Recreation and Sport and Exercise courses across National 3-5, Higher and Level 6.

Potential Career Pathways from PE:

Fitness instructor	Leisure centre manager	Outdoor activities instructor
Personal trainer	Physiotherapist	Sports and exercise scientist
Sports coach	Sports development officer	Sports therapist
Teacher – Secondary School – Physical Education		

For more information about the importance of PE and Dance go to:

- MyWorldofWork - Physical Education
- SQA - Physical Education / Dance / Sport and Recreation

UNIVERSITIES & HIGHER PE

SOURCED AND CREATED BY BEARSDEN ACADEMY PHYSICAL EDUCATION DEPARTMENT, EAST DUNBARTONSHIRE, WORKING WITH SATPE

GLASGOW UNIVERSITY

"The University of Glasgow values all applications to our degree programmes (without exception!) where the applicant has a Higher Physical Education. The Higher PE is regarded as equal in value to all other subjects (such as Maths, English etc) and an applicant will NEVER be discriminated against through having a Higher PE as part of his/her portfolio versus an applicant with 4,5 or 6 'academic' subjects. As per our recent published Admissions Policy we want to ensure that our applicants have the right 'balance' of subjects between 'Science', 'Humanities', 'Social Sciences' and 'General', so that we do not have an applicant with 4,5 or 6 'General' subjects (which PE would be considered one along with subjects such as Dance, Care, etc). Please continue to encourage your students to study Higher PE and I look forward to receiving applications for any discipline that contains this qualification!"

Robin Gordon, Head of Admissions

EDINBURGH UNIVERSITY

"The University of Edinburgh endorses Higher Physical Education as an acceptable subject for entry to our undergraduate degree programmes. Whilst for entry to the majority of programmes, specific named subjects are required in some Highers, where there is student choice regarding which additional Highers to study, or indeed if there are no specific named subjects required, the University views Higher Physical Education on an equal basis with other subjects. Provided applicants have achieved or are predicted to achieve our entry requirements, and can demonstrate a genuine interest in the subject area applied for that is supported by the qualifications they have undertaken to study, they will be considered for an offer of a place."

Ian Sutherland - Head of Admissions

STIRLING UNIVERSITY

"The University of Stirling lists all pre-requisite Higher subjects for our degrees in our Prospectus each year. Aside from pre-requisite qualifications we consider all other graded Higher in the same way for entry to the University, we do not prefer one subject over another. As Scotland's University for Sporting Excellence we are highly supportive of Physical Education as a Higher subject and consider it to be suitably rigorous to prepare applicants for University level study."

Dianne K. Dixon - Head of Admissions

NEWCASTLE UNIVERSITY

"Newcastle University is happy to accept the Scottish Higher in Physical Education for entry to its degree programmes provided that the overall entry requirements for any particular degree programme, including specific subject requirements, are met. We recognise that the Higher in Physical Education provides learners with the opportunity to develop skills in planning, problem-solving and analysis as well as building confidence, interpersonal skills and a sense of responsibility, all of which help to prepare learners for higher education study and lifelong learning."

Katherine Hind - Senior Undergraduate - Admissions Manager

STRATHCLYDE UNIVERSITY

"The University of Strathclyde welcomes all applicants with a Higher Physical Education to our degree programmes. This course is valued at SCQF Level 6, which is equivalent to other Higher courses such as Mathematics, Physics, History etc. and a candidate would not be distinguished any differently for completing a Higher in Physical Education. Furthermore, the University of Strathclyde recognises the transferable skills (i.e. critical thinking and writing, analytical skills, problem solving, personal learning planning, leadership, and working with others) that pupils can obtain when completing the Higher Physical Education course and this positively contributes to a pupils' profile when learning skills for work, learning and life."

Cara Lamb – Strathclyde University

ABERDEEN UNIVERSITY

"When making decisions about admission, the University of Aberdeen accepts all Highers on an equal footing irrespective of the subject."

Carol Baverstock -
Head of Admissions

ABERTAY UNIVERSITY

"Abertay welcomes applicants who have Higher Physical Education. This higher is regarded as equal value to other Higher subjects such as English, Maths, Biology, History etc. Applicants with Higher P.E. will **Never** be discriminated for holding Higher PE as part of his/her portfolio of Higher subjects."

Lynne Bewley -
Admissions
Manager

ROBERT GORDON UNIVERSITY

"At Robert Gordon University, we consider all subjects at Higher for entry to our courses. Where a degree course has specific subject requirements, these must be met, however the other Highers required can be in any subject and each one is considered on an equal basis."

Laura Goldie
Senior Admissions
Officer

