

Dalkeith High School



Physical Education

Pathways from S1 to S6
and beyond

INTRODUCTION

Learning in, through and about PE enables young people to develop a whole range of skills and personal qualities related to Health and Wellbeing. PE is a place where all learners should feel safe to engage in physical activity. PE provides young people the opportunity to develop personal qualities, physical fitness, cognitive skills and physical competences.

We will ensure that teaching and learning in the department is fun, personally relevant, socially interactive and challenging, and that the PE experience will improve motor skills.

We offer a wide range of activities and courses across all levels to ensure that learning is accessible and personally relevant to all young people at Dalkeith High School.

Curriculum Leaders

Mrs G Gatti &

Mr F Agnew



Pathways within school

S1-S6



In addition to the courses set out below, core PE lessons are delivered from S1 to S6.



SQA
PHYSICAL
EDUCATION



SQA
DANCE



SQA - SPORT
& RECREATION

Skills & Careers

Pathways Post-school



WHY STUDY PHYSICAL EDUCATION?

The range of skills developed in PE places learners in a stronger position when entering further education or employment. It also opens doors to a range of potential roles such as:

- Fitness Instructor
- Teacher
- Personal Trainer
- Sports Coach
- Leisure Centre Manager
- Physiotherapist
- Sports Development Officer
- Outdoor Activities Instructor
- Sports Scientist
- Sports Therapist
- Professional Sportsperson
- Choreographer



My World
of Work

